

## MONTESSORI LUNCH MENU

All our meals are freshly cooked daily. Fresh veg changes according to season and what is available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	PORK SAUSAGES CREAMED MASH FRESH VEG GRAVY  FRUIT SALAD & CUSTARD	SPAGHETTI CARBONARA FRESH VEG, MIXED SALAD GARLIC BREAD  CHOCOLATE SPONGE & MINT CUSTARD	ROAST CHICKEN, ROAST POTATOES FRESH VEG  FLAPJACKS & CUSTARD	SHEPHERDS PIE ,FRESH VEG GRAVY   RICE PUDDING	FISH CAKE CREAMED MASH FRESH VEG  FRUIT SALAD & CUSTARD
WEEK 2	MEAT BALLS IN TOMATO SAUCE CREAMED MASH FRESH  VEG FRUIT TRIFLE	CHICKEN CASSEROLE CRISPY POTATOS FRESH VEG  FRUIT JELLY & CUSTARD	SPAGHETTI BOLOGNESE FRESH VEG MIXED SALAD  FRUIT CRUMBLE & CUSTARD	CAULIFLOWER CHEESE JKT POTATO FRESH VEG MIXED SALAD  FRUIT TARTS & CUSTARD	FISH FINGERS CREAMED MASH FRESH VEG  FRUIT SALAD & CUSTARD
WEEK 3	LASAGNE FRIES FRESH VEG MIXED SALAD  STRAWBERRY MOUSSE	JKT POTATO WITH VARIOUS FILLINGS  CHOCOLATE SHORTBREAD & CUSTARD	ROAST PORK ROAST POTATOES FRESH VEG GRAVY  LEMON MERINGUE & CUSTARD	PASTA WITH TOMATO SAUCE FRESH VEG MIXED SALAD  FRUIT PIE & CUSTARD	FISHERMANS PIE FRESH VEG CHEESE SAUCE  FRUIT FLAN & CUSTARD
WEEK 4	VEGETABLE FINGERS CREAMED MASH FRESH VEG  PEACHES & CUSTARD	SWEET & SOUR CHICKEN RICE FRESH VEG  FRUIT SALAD & CUSTARD	MEAT AND VEG PIE CREAMED MASH FRESH VEG GRAVY  BREAD & BUTTER PUDDING & CUSTARD	MEAT CASSEROLE/STEW FRESH VEG  APPLE PIE & CUSTARD	TUNA PASTA FRESH VEG MIXED SALAD  STRAWBERRY WHIP
WEEK 5	TOPIC LUNCHES	TOPIC LUNCHES	TOPIC LUNCHES	TOPIC LUNCHES	TOPIC LUNCHES