

# Tai Chi

Bleadon Village Hall  
Starting 17<sup>th</sup> June  
Wednesdays 2-3pm, £4

Contact Nikki Smith 07530 777895



fit as a fiddle is a programme run by Age UK and funded by the Big Lottery Fund as part of the Well-being programme  
[www.ageuk.org.uk](http://www.ageuk.org.uk) [www.fitasafiddle.org.uk](http://www.fitasafiddle.org.uk)

