



(Link: www.nhs.uk/)

Other ways to make a choice about sharing data

Make your choice

You can make or change a choice for:

- yourself
- children under the age of 13
- someone you can legally make decisions for

NHS Digital's privacy notice (Link: <https://your-data-matters.service.nhs.uk/privacynotice>) explains how your data is used to apply your choice.

Make or change a choice for yourself or a child under the age of 13

You can make or change a choice for yourself by phoning the NHS Digital Contact Centre.

The phone number is 0300 303 5678 – Monday to Friday, 9am to 5pm (excluding bank holidays).

A member of staff can:

- help you use the online service
- make or change a choice on your behalf
- print and post a form to you

You can also download and complete this form and email or post it to the Contact Centre.



(Link: [https://assets.nhs.uk/nhsuk-](https://assets.nhs.uk/nhsuk-cms/documents/Make_and_manage_your_choice_or_your_childs_choice_PDF_224kb.pdf)

[cms/documents/Make_and_manage_your_choice_or_your_childs_choice_PDF_224kb.pdf](https://assets.nhs.uk/nhsuk-cms/documents/Make_and_manage_your_choice_or_your_childs_choice_PDF_224kb.pdf))

Make and manage your choice or your child's choice (PDF, 224kb) (Link: https://assets.nhs.uk/nhsuk-cms/documents/Make_and_manage_your_choice_or_your_childs_choice_PDF_224kb.pdf)

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If you're a parent or legal guardian of a child under the age of 13, you can also use this form to make and manage a choice on their behalf.

Email: enquiries@nhsdigital.nhs.uk (Link: <mailto:enquiries@nhsdigital.nhs.uk>)

Postal address:

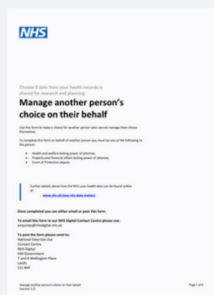
National Data Opt Out
Contact Centre
NHS Digital
HM Government
7 and 8 Wellington Place
Leeds
LS1 4AP

Make or change a choice for an adult

To make and manage a choice on behalf of someone else, you must be one of the following to the person:

- health and welfare lasting power of attorney
- property and financial affairs lasting power of attorney
- Court of Protection deputy

Download and complete this form and email or post it to the Contact Centre (same email and postal address as above).



(Link: https://assets.nhs.uk/nhsuk-cms/documents/Make_and_manage_a_choice_for_someone_else_PDF_154kb.pdf)

Make and manage a choice for someone else (PDF,154kb) (Link: https://assets.nhs.uk/nhsuk-cms/documents/Make_and_manage_a_choice_for_someone_else_PDF_154kb.pdf)

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