

1. Home (<https://www.gov.uk/>)
2. Coronavirus (COVID-19) (<https://www.gov.uk/coronavirus-taxon>)
3. Health and wellbeing during coronavirus (<https://www.gov.uk/coronavirus-taxon/health-and-wellbeing>)

Research and analysis

# **COVID-19: mental health and wellbeing surveillance report**

This is a routinely updated report about population mental health and wellbeing in England during the COVID-19 pandemic.

From:

Public Health England (<https://www.gov.uk/government/organisations/public-health-england>)

Published:

8 September 2020

Last updated:

25 February 2021,

Applies to:

England

## **Documents**

### **1. About COVID-19 mental health and wellbeing surveillance**

(<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/1-about-this-report>)

HTML

### **2. Important findings (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/2-important-findings-so-far>)**

HTML

### **3. Measures of anxiety, depression, loneliness and life satisfaction**

(<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/3-triangulation-comparison-across-surveys>)

HTML

### **4. Further weekly data (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/4-further-weekly-data-general-population>)**

HTML

## **5. Summaries of academic research**

(<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/5-survey-updates>)

HTML

## **6. Telephone and online support service use**

(<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/6-remote-support-services>)

HTML

## **7. Children and young people** (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/7-children-and-young-people>)

HTML

## **Spotlights: variation within the population**

(<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-spotlights>)

<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-spotlights>

## **Methodology** (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/methodology>)

HTML

## **Details**

This report is about population mental health and wellbeing in England during the COVID-19 pandemic. It includes up-to-date information to inform policy, planning and commissioning in health and social care. It is designed to assist stakeholders at national and local level, in both government and non-government sectors.

The report is regularly updated with the most recent information available. It is split into chapters to enable users to go directly to the section(s) of most interest. It follows a standard structure, to enable regular and easy use.

A Spotlight section (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-spotlights>) describing a different aspect of inequality will be added regularly. The old spotlights will remain available.

The Wider Impacts of COVID-19 on Health (WICH) (<https://www.gov.uk/government/publications/wider-impacts-of-covid-19-on-health-monitoring-tool>) monitoring tool now includes further breakdowns of some of the weekly data presented in this report.

We would like to express our thanks to partners (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-report/1-about-this-report#acknowledgements>) without whom, this work would not have been possible.

Published 8 September 2020

Last updated 25 February 2021 + show all updates

1. 25 February 2021

Updated to include latest data. New Spotlight also added on employment and income.

2. 17 December 2020

Updated data to week 46 and new pre-existing mental health conditions spotlight.

3. 12 November 2020

All relevant chapters updated. Academic studies included up to 4 September 2020; weekly data may be more recent.

4. 8 September 2020

First published.



## Related content

- COVID-19 mental health and wellbeing surveillance: Spotlights (<https://www.gov.uk/government/publications/covid-19-mental-health-and-wellbeing-surveillance-spotlights>)
- Wider impacts of COVID-19 on health monitoring tool (<https://www.gov.uk/government/publications/wider-impacts-of-covid-19-on-health-monitoring-tool>)
- COVID-19: impacts on health - reports and tools (<https://www.gov.uk/government/collections/covid-19-impacts-on-health-reports-and-tools>)
- Excess mortality in English regions (<https://www.gov.uk/government/publications/excess-mortality-in-english-regions>)
- PHE statistics: ad-hoc analyses and data releases (<https://www.gov.uk/government/collections/phe-statistics-ad-hoc-analyses-and-data-releases>)

## Collection

- COVID-19: impacts on health - reports and tools (<https://www.gov.uk/government/collections/covid-19-impacts-on-health-reports-and-tools>)
- PHE statistics: ad-hoc analyses and data releases (<https://www.gov.uk/government/collections/phe-statistics-ad-hoc-analyses-and-data-releases>)

## Brexit

-  Check
-  Change
-  Go

Check what you need to do

(<https://www.gov.uk/transition>)

## Explore the topic

- Mental health (<https://www.gov.uk/health-and-social-care/mental-health>)
- Health and wellbeing during coronavirus (<https://www.gov.uk/coronavirus-taxon/health-and-wellbeing>)